Navy Recruiting District Nashville

NJROTC Newsletter

May 2009

Personal Development

Realize your full capabilities and potential in the Navy. The Navy instills the core values of Honor, Courage and Commitment in every Sailor, and gives its people a strong sense of self-confidence and the drive to succeed in life.

Your Navy recruiter can help you find Navy careers that will interest you. If you're not certain which way to go, your local recruiter is there to help you.

While in the Navy you can train for a career, earn a college degree and if you're looking for a fresh perspective and new experiences, the global range of the Navy is perfect. The Navy will offer you exposure to new careers, new cultures, and new people.

Over the course of your enlistment, you're sure to find people, places, and careers that inspire you, as well as give you an appreciation of your place in the world.

Who Can You Be?

As an officer or enlisted Sailor, what could you accomplish after your first 12 to 18 months in the Navy? Or, if you want to maximize your experiences, what could you accomplish after 4 to 6 years? The Who I Can Be website can give you some examples answer these questions. Visit the Who I Can Be website to at http://www.navy.com/careers/accelerateyourlife/whoicanbe/ to find out more.

Why is the Navy the "Employer of Choice?"

Navy Offers	Civilian Jobs Offer
Medical Care: Lifetime medical care under TRICARE program. Offers flexibility and choice of primary care provider at no cost while on active duty and at minimal cost (about $500 a year) once retired (http://www.tricare.mil/).	**Medical Care:** According to a Kaiser Daily Health Policy Report the average 2008 employee out-of-pocket costs for family health care increased the amount employees paid on their families' health care costs. In 2008 employees will pay an average of $3,492 on premiums and an additional $2,675 on out-of-pocket expenses.
Dental Plan: Free for active duty and dental insurance is available for family members.	**Dental Plan:** Depending on the employer, some dental plans are available at a cost-share with the employee.
Short and Long-Term Disability Coverage: If you are injured, you continue to receive compensation	**Short and Long-Term Disability Coverage:** Varies widely: Depending on the employer, short and long-term disability is sometimes: • Provided by the employer • At cost to the employee, • A shared cost with the employee or not available.
Retirement Plan: You may retire at 20 years of service with 50 percent of base pay starting the month after leaving active duty. In addition Sailors are encouraged to contribute to the **Thrift Saving Plan** for additional financial security (http://www.tsp.gov/).	**Retirement Plan:** You may invest in a 401K. Some employers match an employee's contribution up to a certain percentage of funds once the employee is vested in the company. In most cases employees may take their 401K with them when they leave a job (although not necessarily the company's contribution to the 401K).
Vacation Time: 30 days paid vacation from the day you start accrued at two-and-a-half days a month.	**Vacation Time:** earned at 4-7.69 hours a pay period. In some cases you must work for six months before you start earning any vacation time.
Sick Leave: As needed and not charged as vacation time.	**Sick Leave:** Varies widely: • 1.67 hours earned a pay period • or vacation time used for sick leave or • 5 days a year after six months
Life Insurance: You may buy life insurance in $10,000 increments up to $400,000. The cost is very low. Additionally, family member coverage of $100,000 for spouses and $10,000 per child is automatic.	**Life Insurance:** In most cases life insurance is only provided for the employee at the amount of one year's annual employee salary and is not provided for families members.
Tuition Assistance: Pays 100 percent of tuition costs (https://www.navycollege.navy.mil/ta1.html).	**Tuition Assistance:** Some companies offer tuition reimbursement for continuing education if related to current position and some technical training.
Housing Allowance: Additional tax-free money for housing and food.	**Housing Allowance:** Employees must pay for housing and food out of their regular pay checks.

Benefits of Becoming a Cryptologic Technician

The Cryptologic Technician Interpretive (CTI) field in the Navy is very prestigious; with the skill set acquired being heavily sought after by employers in the civilian sector. Not only is foreign language proficiency an invaluable commodity in the U.S. Navy today, a strong emphasis will continue to be placed on it throughout the 21st century. Every CTI candidate receives a sign-on bonus when they join; listed below are other incentives.

1. Extra pay for language proficiency. Receive up to $200/month for one language or $300/month for two or more languages.

2. Working in a top-secret environment after gaining the requisite clearance.

3. Generous promotions and advancement. CTIs generally promote faster than many other jobs in the Navy.

4. High-profile career. CTIs advise top-level decision-makers including commanders and admirals — some of which have served in the Navy for 25-30 years.

5. World-renowned education. All CTIs get extensive language training at the Defense Language Institute (DLI) in Monterey, CA. DLI is one of the most respected of all foreign language institutions.

6. Opportunity to earn an Associate of Arts in Language degree. Also the opportunity after first enlistment to complete Bachelor of Science in Strategic Intelligence or Masters of Science in Intelligence at the Joint Military Intelligence College.

7. Opportunity to travel to, live in and learn about other countries and cultures. Based on language specialty, CTIs could live in Australia, Korea, Japan, Spain, England, Bahrain, Hawaii, Puerto Rico and other countries, as required.

8. Opportunity to work in various Navy settings including surface, submarine, aircrew and Special Warfare communities. Women are limited by law to surface and aircrew.

9. Advanced technical training on multi-million dollar equipment, handling highly classified information.

Recruiter of the Month

Electronics Technician 2nd Class Joseph Cothen

Electronics Technician 2nd Class Joseph Cothen has been a Sailor in the U.S. Navy for the last 9 years and has been a member of the Navy Recruiting District Nashville family for the last 2 years.

Cothen has spent much of his naval career on board naval ships. From 2001-2002 he was stationed on board USS Ticonderoga (CG 47) homeported in Pascagoula, Miss. From there he went to San Diego, Calif where he was stationed on board USS Peleliu (LHA 5) from 2002-2006. On board both of the ships Cothen worked as the damage control petty officer, work center supervisor and an electronics technician.

For Cothen the best part of being a Sailor is the job he gets to do each and every day.

"The best thing about being a Sailor for me is the job. In the Navy I get paid to do the job I am trained to do. I never have to worry if I put in enough hours to get my bills paid, I know I am getting paid twice a month like clock work," said Cothen.

As a Navy recruiter Cothen truly enjoys helping people find the same benefits and enjoyment in the Navy that he has.

"I really take pleasure in helping people get a good job and begin a career when they join the Navy," said Cothen. "There have been days I wake up and I am shocked I get paid to do something I enjoy so much and I am good at."

For more information about Cothen's experiences in the Navy or about recruiting Cothen can be reached at 662-536-2000. His office is located at 7036 Swinea Road, Southaven, Miss., 38671.

Rates of the Month:

Explosive Ordance Disposal Technician (EOD)

Navy Explosive Ordnance Disposal Technicians render safe all types of ordnance including conventional and unconventional, improvised, chemical, biological, and nuclear. They perform underwater location, identification, render-safe and recovery (or disposal) of foreign and domestic ordnance. They conduct demolition of hazardous munitions, pyrotechnics, and retrograde explosives using detonation and burning techniques.

Explosive Ordnance Disposal Technicians locate, identify, render safe and dispose of all forms of ordnance (conventional, nuclear, chemical and biological, military and improvised) both U.S. and foreign made. Parachute or Helicopter Insertion and Deep-sea diving capabilities are sometimes necessary to perform this mission. In addition to working closely with other military services, EOD technicians occasionally assist civilian law enforcement agencies.

College Credit:
As an EOD3 you will have earned an additional 13 credit hours toward your Lower Division Baccalaureate or Associate degree.

Nuclear Trained Electriction's Mate (EMN)

Nuclear-trained EMs performs duties in nuclear propulsion plants operating reactor control, propulsion and power generation systems. The character of NF jobs is mentally stimulating and offers career growth. The Nuclear Force provides opportunities to work closely with specialists in the nuclear, technology, and engineering fields.

Nuclear-trained EMs operate reactor control, propulsion, and power generation systems in nuclear propulsion plants.

The Nuclear Field program trains personnel for nuclear submarines (men only) and nuclear surface ship assignments. No promise can be made regarding the type of duty assigned. They must be able to work closely with others and, in some cases, with limited supervision.

College Credit:
As an EM3 you will have earned an additional 13 credit hours toward your Lower Division Baccalaureate or Associate degree.

Contact Information for NRD Nashville

ARKANSAS STATIONS

NRS FAYETTEVILLE
Fayetteville, AR 72703
(479) 442-6289

NRS CONWAY
Conway, AR 72032
(501) 329-3969

NRS FORT SMITH
FT SMITH, AR 72903
(479) 452-6289

NRS HOT SPRINGS
Hot Springs, AR 71913
(501) 525-9131

NRS JONESBORO
Jonesboro, AR 72401
(870) 932-3100

NRS MOUNTAIN HOME
Mountain Home, AR 72653
(870) 425-4545

NRS NORTH LITTLE ROCK
Little Rock, AR 72117
(501) 945-0188

NRS PINE BLUFF
Pine Bluff, AR 71601
(870) 534-0305

NRS ROGERS
Rogers, AR 72756
(479) 246-0449

NRS RUSSELLVILLE
Russellville, AR 72801
(479) 968-3474

NRS SEARCY
Searcy, AR 72143
(501) 268-6289

MISSISSIPPI STATIONS

NRS OXFORD
Oxford, MS 38834
(662) 234-8028

NRS SOUTH HAVEN
South Haven, MS 38671
(662) 536-2000

NRS TUPELO
Tupelo, MS 38804
(662) 842-6911

GEORGIA STATIONS

NRS DALTON
Dalton, GA 30720
(706) 226-0787

TEXAS STATIONS

NRS TEXARKANA
Texarkana, TX 75503
(903) 831-6522

TENNESSEE STATIONS

NRS ANTIOCH
Antioch, TN 37013
(615) 361-0148

NRS Dickson
Dickson, TN 37055
(615) 740-1411

NRS CHATTANOOGA
Chattanooga, TN 37421
(423) 894-8204
(423) 894-8271

NRS CLARKSVILLE
Clarksville, TN 37040
(931) 648-3355

NRS CLEVELAND
Cleveland, TN 37311
(423) 472-7444

NRS COLUMBIA
Columbia, TN 38401
(931)381-9391

NRS COOKEVILLE
Cookeville, TN 38501
(800) 576-0480
(931) 526-6341

NRS DYERSBURG
Dyersburg, TN 38024
(731) 285-1985

NRS GALLATIN
Gallatin, TN 37066
(615) 451-3328

NRS HIXSON
Chattanooga, TN 37415
(423) 875-3905

NRS JACKSON
Jackson, TN 38305
(731) 664-0198

NRS JOHNSON CITY
Johnson City, TN 37601
(423) 926-5801

NRS KINGSPORT
Kingsport, TN 37664
(423) 378-3960

NRS KNOXVILLE
Knoxville, TN 37922
(865) 691-4803

NRS MARYVILLE
Alcoa, TN 37701
(865) 982-1550

NRS MARYVILLE
Alcoa, TN 37701
(865) 982-1550

NRS MIDTOWN MEMPHIS
Memphis, TN 38111
(901) 324-2921

NRS MILLINGTON
Millington, TN 38053
(901) 872-8568

NRS MORRISTOWN
Morristown, TN 37814
(423) 581-3000

NRS NORTH MEMPHIS
Memphis, TN 38128
(901) 388-9600

NRS MURFREESBORO
Murfreesboro, TN 37129
(615) 890-6328

NRS OAK RIDGE
Oak Ridge, TN 37830
(865) 482-5500

NRS RIVERGATE
Madison, TN 37115
(615) 859-7192

NRS TULLAHOMA
Tullahoma, TN 37388
(931) 455-4366

ALABAMA STATIONS

NRS DECATUR
Decatur, AL 35601
(256) 350-0505

NRS FLORENCE
Florence, AL 35601
(256) 766-2060

NRS HUNTSVILLE
Huntsville, AL 35805
(256) 922-1883

KENTUCKY STATIONS

NRS BOWLING GREEN
Bowling Green, KY 42104
(270) 781-7425

NRS HOPKINSVILLE
Hopkinsville, KY 42240
(270) 886-5129

VIRGINIA STATIONS

NRS BRISTOL
Bristol, VA 24201
(276) 669-2611