



DEPARTMENT OF THE NAVY

NAVY RECRUITING DISTRICT, PORTLAND

7028 N.E. 79TH COURT

PORTLAND, OREGON 97218-2813

NAVCRUITDISTPORTLANDINST 1040.5D CH-1

CMC

20 Mar 13

NAVCRUITDIST PORTLAND INSTRUCTION 1040.5D CHANGE 1

Subj: CAREER DEVELOPMENT BOARD (CDB)

Encl: (1) Individual Career Development Plan (IDCP)

1. Purpose. To transmit change 1 to the basic instruction.

2. Action

a. Add under the enclosures: (3) Individual Career Development Plan (ICDP).

b. Add enclosure (1) of this change transmittal and make it enclosure (3).

A handwritten signature in black ink, appearing to read "R. M. Candiloro", is positioned above the printed name.

R. M. CANDILORO

Distribution:

NAVCRUITDISTPORTLANDINST 5216.1U

Lists A, B, C, and D

NAVPERS 15878K
20 Apr 09

COMMAND NAME

INDIVIDUAL CAREER DEVELOPMENT PLAN (ICDP) FOR E4 - E6

DEPT:	DIV:	Report Date:	ADSD:	EAOS:	PRD:	
ADVANCEMENT / EDUCATION / QUALIFICATIONS						
Advancement Timeline	E4:	E5:	E6: (Board Package Submitted:)	Service Record / CD Reviewed:		
Leadership Training Continuum	E4:	E5:	E6:			
Date Advanced	E4:	E5:	E6:	Recommended: Next Paygrade:	Retention:	
Examination Participation	# of Times Taken:		# of Times PNA:	# of Times Failed:	# of Times Board Eligible:	
Education	Level:				USMAP Enrolled:	
Command PQS	DC:	Level:	3M:	Level:		
Warfare Qualification Status	Designator:		Start Date:	Estimated Completion:		
NAVY KNOWLEDGE ONLINE						
NKO Portal	Registration:	Tutorial:	Learning Center:			
Navy E Learning/NETg						
Finance	MyPay Login:	TSP:	Remarks:			
Health & Wellness	Remarks:					
5 Vector Model (5VM)	Orientation:	Sea Warrior Tutorial:	Career Progress:			
PHYSICAL FITNESS PROGRAM						
PRT Data	1.	-	-	5.	-	-
	2.	-	-	6.	-	-
	3.	-	-	7.	-	-
	4.	-	-	8.	-	-
Personal Goals Set:						

ENCLOSURE(1)

NAVPERS 15878K
20 Apr 09

CAREER MANAGEMENT			
Reenlistment Intentions			
Perform To Serve (PTS) Policy	Fleet RIDE Qual Date:	PTS Last Reviewed:	Status:
Special Program Interests			
JASS Career Management System (JCMS)	Duty Preference Update:	Personal Information Update:	Application Submitted:
PCS Orders	Orders Received:	Welcome Aboard Package / Message Received:	ARGUS Date:
TRANSITION			
DD 2648 & Individual Transition Plan (ITP)	Date Signed:	ITP Requested:	Scheduled TAP Date:
Reserve Affiliation	USNR Recruiter Contacted:		
Family Relocation Assistance			
Personal Property			
Fleet Reserve	Application Submitted:	Fleet Reserve Date:	
<p>Notes from the CDB held on</p> <p>Short Term Goals:</p> <p>Long Term Goals:</p> <p>Board Comments:</p> <p>COMMENTS:</p> <p>Notes from the CDB held on</p> <p>Short Term Goals:</p> <p>Long Term Goals:</p> <p>Board Comments:</p> <p>COMMENTS:</p>			

NAVPERS 15878K
20 Apr 09

COMMAND NAME

INDIVIDUAL CAREER DEVELOPMENT PLAN (ICDP) FOR E7 - E9

DEPT:	DIV:	Report Date:	ADSD:	EAOS:	PRD:	
ADVANCEMENT / EDUCATION / QUALIFICATIONS						
Advancement Timeline	E8:	E9:	Recommended for Retention:			
Leadership Training Continuum	E7:		Recommended for Next Paygrade:			
Date Advanced	E7:	E8:	E9:			
Selection Boards	Service Record / CD Reviewed:		Package Submitted:	Remarks:		
Education	Level:				USMAP Enrolled:	
	Degree Working Toward:				Date Started:	
Command PQS	DC:	Level:	3M:	Level:		
Warfare Qualification Status	Designator:		Start Date:	Estimated Completion:		
NAVY KNOWLEDGE ONLINE						
NKO Portal	Registration:		Learning Center:			
Navy E Learning/NETg						
Finance	TSP:	Investments:				
Health & Wellness	Remarks:					
5 Vector Model (5VM)	Career Progress:					
PHYSICAL FITNESS PROGRAM						
PRT Data	1.	-	-	5.	-	-
	2.	-	-	6.	-	-
	3.	-	-	7.	-	-
	4.	-	-	8.	-	-
Personal Goals Set:						

NAVPERS 15878K
 20 Apr 09

CAREER MANAGEMENT			
Reenlistment Intentions			
Special Programs	SEA:	LDO:	CWO:
JASS Career Management System (JCMS)	Duty Preference Update:	Personal Information Update:	Application Submitted:
PCS Orders	Orders Received:	Welcome Aboard Package / Message Received:	ARGUS Date:
TRANSITION			
DD 2948 & Individual Transition Plan (ITP)	Date Signed:	ITP Requested:	Scheduled TAP Date:
Family Relocation Assistance			
Personal Property			
Fleet Reserve / Retirement	Application Submitted:	Fleet Reserve / Retirement Date:	
<p><u>Notes from the CDB held on</u></p> <p>Short Term Goals:</p> <p>Long Term Goals:</p> <p>Board Comments:</p> <p>COMMENTS:</p> <p><u>Notes from the CDB held on</u></p> <p>Short Term Goals:</p> <p>Long Term Goals:</p> <p>Board Comments:</p> <p>COMMENTS:</p>			